

## CHAIR INTRODUCTION

The work of Positive Awareness has continued to prosper and also our achievements for 2010. The Annual Report for 2010/11 is a review of another amazing year. While getting ready to prepare the Annual Report, I thought that we had achieved very little this year but having compiled the material for the Report, I realise that we have done very well despite personal setbacks and the backlash of the recession. Some of the achievements are:

- The establishment of Positive Awareness' first international project
- A Literacy and Numeracy Project combined with a series of workshops on self empowerment classes for children and their parents in Dominica West Indies
- WAPPY's publication of "*The Soul of a Child*" launched at the Huntley Conference 2011
- Participation in events outside of London – the West Midlands region (Birmingham)

The fundraising environment continues to pose great challenges but we are keen to find new methods to combat this by focussing on partnership working and projects that we are able to provide with minimum funding and maximum impact.

It has been our absolute privilege to set up a stimulating and promising Numeracy and Literacy Project in the Caribbean for disadvantaged children.

Developments for 2011 include:

- An agreement for the international Project recently established in the island of Dominica to progress into Phase II
- Business support for the Phase II Project.

We would like to thank all members, St John's School, volunteers, individuals, projects, businesses, councillors and voluntary and community groups for your contribution. Without your help this would not have been possible. We look forward to continued work, support, friendship and togetherness.

A closing thought:

*"The brave man is not he who does not feel afraid but he who conquers that fear"*

*Damien Morgan*

**Chairperson**

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## **Mission Statement:**

To promote the practice of positive living by having a positive approach to life regardless of the situation

## **Aims & Objectives**

- To help individuals to attain skills, build confidence, set and achieve goals
- To provide literacy and numeracy tuition for disadvantaged children and young people
- To bring people of different nationalities together to work in harmony through community events
- To provide creative workshops for young people which enable them to develop and refine skills of self through **Writing, Acting and Publishing Project for Youngsters - WAPPY**

## **What Is Positive Awareness**

It is the process of training the mind to respond positively to all things and to practice control of thoughts and feelings.

## **Origin**

Positive Awareness was established in September 2001 and is now an international charity which is continuing to grow and serve communities.

## **Spirit of the organisation**

- To seek to help members to reach their true potential
- To celebrate the world's diverse people and embrace the difference that makes each one unique
- To have a positive approach no matter what the situation
- To keep politically non-aligned but willing to engage with all parties for the benefit of promoting the practice of positive living

## **Services**

- Workshops on self empowerment, positive living, confidence building and self esteem
- Community Cohesion Events
- Numeracy and literacy Project to help underachieving children get better grades at School
- Partnership working with Refugee and Asylum Seekers
- **Writing, Acting, Publishing Project for Youngsters (WAPPY) - Grace Quansah**

## **Board of Trustees**

Chair: Damien Morgan, Vice Chair: Saqib Mohammad, Vice Chair: Ifilia Francois, Treasurer: David Adanuvor and Secretary-non elected: Lawrence Moreno

## 2. KEY ACHIEVEMENTS 2010/11

- Established our first Positive Awareness international project
- Held a Literacy and Numeracy Project combined with workshops on self empowerment classes for children and their parents in Dominica W.I
- Secured a further agreement for the “Literacy and Numeracy Project Phase II” to proceed from October 2011
- Participated in the Inspiring a New Generation event: Michael Jackson Tribute
- Participated in two workshops with Refugee and Asylum Seekers
- Recruited seven volunteers between Positive Awareness and WAPPY projects
- WAPPY’s publication of “*The Soul of a Child*”
- WAPPY’s participation in various local and national events which includes The Grenadian Sunshine Foundation, The London Maze, Guildhall, Keats House Festival, and the annual summer carnival held in Acton W3
- Re-elected four competent members for The Board of Trustees
- The formation of a Business Network to help Support Positive Awareness

## 3. KEY PLANS 2011/12

- To recruit 2 motivational speakers for the purpose of running the Self empowerment workshops for parents and children in Dominica W I
- To expand on the Literacy and Numeracy Project
- To recruit more volunteers
- WAPPY’s continued expansion and autonomy
- To increase participatory working with voluntary and community groups working with Refugee and Asylum Seekers
- To seek new premises for the Positive Awareness Charity
- To form a business network to support the Literacy and Numeracy Project

## 4. CONFERENCE 2010

Congratulations to the Chair, Damian Morgan who conducted a successful and lively 2010 Conference. The following people were re-elected:



Damien Morgan	Vice Chair
David Adanuvor	Treasurer
Saqib Mohammad	Vice Chair
Ifilia Francois	Vice Chair

**Participated in the Inspiring a New Generation event: Michael Jackson Tribute**



## 5. PROJECTS

### The Book Club

The Book Club facilitated by Sunita and John has now come to a natural end. Sunita and John are commended for an excellent job which was done with enthusiasm and commitment. The following are just some of the books discussed over the years:

BOOK	AUTHUR
The Little Prince	Antoine de Saint Exupery
Instant Confidence	Paul McKenna
Yesterday I cried	Iyanla Vanzant
Feel the Fear And Do It Anyway	Susan Jeffers
Philosophy Works	William Wray
The Voice Will Go With You	Milton H Erickson
Who Moved My Cheese	Dr Spencer Johnson
You Can't Afford the Luxury of Negative Thinking	Sheldon Kopp
If You Meet the Buddha On the Road Kill Him	John Roger & Peter Mc William

### International Literacy and Numeracy Project

Positive Awareness agreed an Education Project for a class of ten (10) underachieving children in the island of Dominica W.I. in 2010.

The children aged 9 to 11 years received extra tuition in literacy and numeracy subjects in order to reach the standard required by their School to pass their exams with confidence. The Project which started in November 2010, has a holistic approach and also provides a monthly Book Club specialising in inspirational books for parents and children. Workshop discussions are on self empowerment, positive living, confidence building and self esteem. It also helps to enforce good relations between parents and their children.



Numeracy Class



Teacher: Miss Vidal



Literacy Class



Confidence building

## 6. VOLUNTEERS AND THEIR ACHIEVEMENTS

The following volunteer received 100 hours Achievement Award from Ealing Volunteer Bureau:

Rachael (Ray) Johnson

A big welcome to the following new WAPPY and Positive Awareness volunteers:

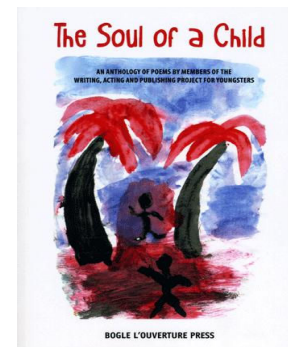
Pat Adams, Nicola Sangster, Debbie Hughes, Rahwa Ghergish, Davina Patterson  
Anthony Pozi-Quansah, and Audrey Hayles-Parkes

## 7. WAPPY PROJECT

Writing, Acting and Publishing Project for Youngsters (WAPPY), had their poems, prose and artwork published in, *The Soul of a Child*, launched at the Huntley Conference 2011, funding was donated by The London Metropolitan Archives. WAPPY participated in The Grenadian Sunshine Foundation, The London Maze, Guildhall, Keats House Festival, Acton Carnival and is a partner in the National Lottery heritage funded project led by the Black History and Culture, West London group. WAPPY offers a July/August 'After School' provision. For more information please email: [quansah@hotmail.com](mailto:quansah@hotmail.com) or visit the website: [www.wappy.org.uk](http://www.wappy.org.uk).



The WAPPY Project: Guildhall, The London Maze 2011



## 8. REFUGEE AND ASYLUM SEEKERS

The workshop pictured below was organised by Zibiah Alfred from the Evelyn Oldfield Unit at the Wallace Collection W1 with participating groups working with Refugee and Asylum Seekers which included Positive Awareness:



## INCOME AND EXPENDITURE 20010/11

### Positive Awareness Income and Expenditure:

London Borough of Ealing Grant	£2534.00
Donations	£0265.00
Total	<b><u>£2799.00</u></b>
Total Expenditure	<b><u>£2465.00</u></b>

## BUSINESS NETWORK

The aim of this Business Network is to promote positive change through education for disadvantaged children by supporting the Literacy and Numeracy Project.

BUSINESS NAMES	SERVICES	CONTACT DETAILS
Allette Constructors	Construction	Mob: 0946 156 458
Cause Consultancy	Range of services	Mob: 07930 302 809 <a href="http://www.dmichael.co.uk/Cause_Consultancy">www.dmichael.co.uk/Cause_Consultancy</a>
Ealing Heating and Plumbing	Heating and Plumbing	Tel: 020 88404073
Goubs Enterprise Ltd	Repair of domestic appliances eg: Washing Machines	Tel: 020 8991 0906 Mob: 07885 674 741
Park Row Associates Ltd	Financial Advice	Mob: 07940 131 743
Teelicious Cuisine	All Cattering Needs	teeliciouscuisine@yahoo.co.uk